

# The Bulletin



*One of a pair of silver communion cups bearing the inscription:  
"Dedicated to the Service of Jesus and of his Church at Cruden by Dr James  
Drummond, late Bishop of Brechin who died at Slains, 13 April 1695".*

## **Cruden Parish Church**

### **Autumn 2019**

## Diary Dates Autumn 2019

Worship services will continue every Sunday in the Church at 10 am

### SEPTEMBER

Sunday 1st	Time for Prayer – Mary Garden Room 11.15 pm
Tuesday 3rd	Craft Group in Hall 1.30 pm
Wednesday 4th	Choir Practice in Hall 7.30 pm
Wednesday 11th	Session Meeting in Hall 7.30pm
Sunday 15th	Guild Week: Sunday Brunch after the Morning Service  Congregational Walk leaving hall at 11.30 am : Fyvie Castle, lakes and gardens
Tuesday 17th	Craft Group in Hall 1.30 pm
Thursday 19th	Messy Church in Hatton Public Hall 3.30 pm
Sunday 29th	MORNING SERVICE Sacrament of Holy Communion
Monday 30th	Guild in Hall 7.30 pm: Rev Fred Coutts, Secrets of the Communion Silver

### OCTOBER

Tuesday 1st	Craft Group in Hall 1.30 pm
Wednesday 2nd	Choir Practice in Hall 7.30 pm
Wednesday 9th	Session Meeting in Hall 7.30pm
Thursday 10th	Messy Church in Hatton Public Hall 3.30 pm
Sunday 13th	MORNING SERVICE Harvest Thanksgiving 10 am  Congregational Walk leaving hall at 11.30 am : Aden Park Circular
Tuesday 15th	Craft Group in Hall 1.30 pm
Monday 28th	Guild in Hall 7.30 pm: Janet Dick, Buchan Presbytery Mission & Discipleship Representative
Tuesday 29th	Craft Group in Hall 1.30 pm

## NOVEMBER

Sunday 3rd	Time for Prayer – Mary Garden Room 11.15 am
Wednesday 6th	Choir Practice in Hall 7.30 pm
Sunday 10th	REMEMBRANCE SUNDAY 10.30 am
Tuesday 12th	Craft Group in Hall 1.30 pm
Wednesday 13th	Session Meeting in Hall 7.30pm
Thursday 21st	Messy Church in Hatton Public Hall 3.30 pm
Sunday 24th	MORNING SERVICE Sacrament of Holy Communion
Monday 25th	Guild in Hall 7.30 pm: Ann Webster, Beads and Bangles
Tuesday 26th	Craft Group in Hall 1.30 pm

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## PASTORAL CARE

An ongoing concern is the pastoral care of members and friends of the congregation. If you know of anyone who would appreciate a visit for any reason, please advise Sean. Tel 07791 755976

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## SHOEBOX APPEAL

It is hard to think of Christmas during the summer holidays but boxes have to be with me by the 31st October. Thanks to the craft group and other friends we have hats and scarves but we need lots of other things. Please look at the enclosed customs list.

If you are able to fill a box, covered boxes are available at church or from me. Any of the things on the list are very welcome, particularly toiletries and stationary items. Small toys eg dominoes, playing cards, balls, skipping ropes etc. are good for children's boxes. These can be left at church or given direct to me.

Contact details: Rosemary Reid , 11 Manse Road, Hatton Tel. 841531

### SONG OF PRAISE SERVICE

Cruden Bay Congregational Church - with The Salvation Army Band

Sunday 8th September 2019 at 2.30 pm

## **FROM THE MINISTER**

Dear Friends

At the time of writing we are planning a day conference for the Kirk Session. The theme of the conference will be 'Looking forward' and the Kirk Session will be seeking to discern the future vision for the church and parish. This of course is only the start of a long process. (Friends and members of the church will also have a future opportunity to contribute to this process.) Society has changed in so many ways and it is clear that the church also needs to change. But in which direction should we travel? What should our priorities be? (For example, should the sermons be longer?) There are of course no easy or simple answers. All this will take time. We need to ensure the changes we make are appropriate and necessary, not forgetting keeping in step with the leading of the Holy Spirit. As the Church of Scotland undergoes a radical restructuring what we can be sure about is the church will look and feel very different in ten years' time.

In the meantime, there is much we can be getting on with. This includes making the church more comfortable and welcoming. During the summer there have been a few projects happening quietly in the back ground. Plans for the new Audio Visual system have taken a step forward and we hope to have this up and running in time for Christmas. We have been trying out new LED bulbs to see if we can improve the lighting. And we have been visited by the Church of Scotland heating consultant to see how the church can be made to feel warmer during the winter in a way that also reduces our carbon footprint. The lighting should be an easy fix, once we have identified the right type and colour of bulb. The heating is a much more complicated issue and will understandably take longer and potentially involve significant expenditure. More details in the future!

There is a clear purpose in all of this. We have all got used to higher levels of comfort. Central heating and double glazing are now the norm. If we want folk to come to church, we have to provide an environment where people are warm and comfortable. Our building has to be fit for purpose. Thankfully, gone are the days when people were content to shiver in church. (I heard of one church officer who would switch off the heating to save money even on the coldest of days!) But our welcome has to be so much more than the warmth and brightness of the building. It has to come from the heart. A genuine Christian welcome is a concrete expression of God's love, made real in the way we greet our friends and neighbours and the stranger who comes into our midst.

**This is how one church (Coventry Cathedral) tried to express its welcome:**

*We extend a special welcome to those who are single, married, divorced, widowed,  
gay, confused, filthy rich, comfortable, or dirt poor.*

*We extend a special welcome to wailing babies and excited toddlers.*

*We welcome you whether you can sing like Pavarotti  
or just growl quietly to yourself.*

*You're welcome here if you're just browsing,  
just woken up or just got out of prison.*

*We don't care if you're more Christian than the Archbishop of Canterbury,  
or haven't been to church since Christmas ten years ago.*

*We extend a special welcome to those who are over 60  
but not yet grown up,*

*and to teenagers who are growing up too fast.*

*We welcome keep-fit mums, football dads, starving artists, tree huggers,  
latte-sippers, vegetarians, junk-food eaters.*

*We welcome those who are in recovery or still addicted.*

*We welcome you if you are having problems, are down in the dumps  
or don't like 'organised religion.' (We're not that keen on it either!)*

*We offer a welcome to those who think the earth is flat,  
work too hard, don't work, can't spell,*

*or are here because granny is visiting and wanted to come to the Cathedral.*

*We welcome those who are linked, pierced, both or neither.*

*We offer a special welcome to those who could use a prayer right now,  
had religion shoved their throats as kids*

*or got lost in the city centre and wound up here by mistake.*

*We welcome pilgrims, tourists, seekers, doubters...and you!*

*(Attributed to Coventry Cathedral)*

Wishing you a blessed and colourful autumn!

**Rev Sean Swindells,**

Parish Minister

**BOGBRAE SCHOOL WAR MEMORIAL**

If anyone has a photograph or a copy of the text that appeared on the War Memorial plaque which hung on the walls of the former Bogbrae School please contact Sean Tel 07791 755976

## **HARVEST THANKSGIVING**

This year our Harvest Thanksgiving service will be held on Sunday 13th October and as in previous years the Session have agreed that members be encouraged to donate items for the Aberdeenshire North Foodbank in Peterhead.

### **A typical food parcel includes:**

Cereal, Soup, Pasta, Rice, Tinned tomatoes/pasta sauce, Lentils, beans and pulses, Tinned meat, Tinned vegetables, Tea/coffee, Tinned fruit, Biscuits, UHT milk, Fruit juice

### **Parcels also include non food items such as:**

Toiletries – deodorant, toilet paper, shower gel, shaving gel, shampoo, soap, toothbrushes, tooth paste, hand wipes:  
Household items – laundry liquid detergent, laundry powder, washing up liquid.  
Feminine products – sanitary towels and tampons  
Baby supplies – nappies, baby wipes and baby food.

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## **CRAFT GROUP**

Recently the craft group members were able to help the Cyrenians charity in Aberdeen by donating a large bag full of hats for the homeless. This worthwhile project will be ongoing as there is always a need for warm hats. Anyone passing through Hatton cannot fail to have noticed the colourful display outside the village hall which was created by Hatton in Bloom with help from the craft group who contributed hundreds of knitted and crochet flowers. A number of knitted teddy bears are on their way to the police station in Mintlaw to be used as 'Trauma Teddies'. These soft toys are handed out by the police to children they encounter during domestic related incidents and provide a little bit of comfort in stressful situations. The craft group meets every second Tuesday at 1.30pm in the hall and has continued throughout the summer. Attendances are very good but we are always ready to welcome any new members no matter their skill level as we have plenty willing 'teachers'.

**Carol Paul**

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## **CHRISTIAN AID**

£339 was raised from the Cake & Candy stalls held in July & August and once again grateful thanks are expressed to all, who in anyway contributed to that wonderful total which has been forwarded to Christian Aid along with £1,191 already raised by Cruden Parish Church to give a total of £1,530.

## Phil's story

When Phil was diagnosed with work-related stress, it was the start of a very difficult period in his life. "I was told the solution was time off work and I did cognitive behaviour therapy courses," he explains. "But after a period of time, they decided it wouldn't be viable for me to return to work, as I couldn't handle the pressure of it."

Unfortunately, an error with Phil's sick pay resulted in him having to go 28 weeks without any income. "Whether to heat your home or have a warm meal is a tough choice to make. It's a really hard way to live," he said.

Having always worked full-time, Phil found it hard adjusting to this new way of life: "You have to go without everyday items like food, hot water, heating, and that's devastating for most people."

He found it particularly difficult during the winter months without being able to afford heating: "The way I came to live through the winter was by burning wood on the open fire, so it meant living in one room, which wasn't ideal situation."

Thankfully, his local Citizen's Advice centre referred him to his local food bank for some help, which was a big relief to him: "It was very humbling and heart-warming to find out that places like the food bank exist."

Phil said he had never heard of the food bank before needing their help: "Using the food bank was quite upsetting for me because I always thought they were for homeless people on the street." But he was glad the support was available: "You don't have to worry where your next meal is going to come from and that's a massive weight off your mind; you know you're going to have warm food, so you can also maybe have hot water or heating for a few days too."

Phil is grateful for the help he received from the food bank, so when he heard that they needed volunteers, he jumped at the opportunity to get involved. He said: "I always felt like I needed to give something back because of the way it's helped me. I can't give financially but I can give my time." He now enjoys spending two days a week volunteering and told us: "I've helped people who have come in and because I've been in that position I can empathise with the clients."

Although things are still a struggle for Phil, he remains optimistic about the future: "My situation is a work in progress, but the support is there; to find out there are places that can help you with food and other things is amazing."

## Cruden Church walks

Eleven walkers and two dogs set off from Longhaven car park in hazy sunshine on our first walk of this year. We had a lovely time wandering along the pathway to the Bullers of Buchan enjoying the scenery. No matter which way you looked there was a view of the amazing rugged rocky cliffs. The daffodils were still in bloom along with wild primroses, birdsfoot trefoil, red campion and thrift. The sea birds which included many different gulls, cormorants and shag were nesting on the sheer face of the cliffs and making plenty noise as we passed by.

The end of April saw us enjoy a lovely walk with the Guild. We set off in glorious sunshine from the Church hall to Aldie and back to the Hall where a welcoming cup of tea was greatly appreciated by all of us. Sadly the early June walk was cancelled due to the weather but in true Scottish weather fashion, by early afternoon the rain cleared and the sun came out but too late for the walk. In the middle of June we took advantage of the new by-pass road and five of us headed to Crathes Castle and enjoyed a four mile walk round one of the castle trails. The forecast was mixed and between the spells of sunshine we had to take shelter under trees till the showers passed! As usual the cup of tea was very welcome in the Castle Café.

Our August walk was also cancelled due to the wet weather we had been experiencing. We were looking forward to going to Stonehaven and walking to Dunnottar Castle then on to the Dunnottar Woods but awoke that Sunday morning to mist and rain but three of our intrepid walkers came to Church prepared with waterproofs and a picnic lunch and as it looked as if it was going to clear up a bit, five of us decided to go to Ellon and after eating our picnic lunch we walked alongside the Deer Park towards Balmacassie Woods, around the new housing scheme towards the golf course and then along the railway line and arrived back to the car park via the River Ythan.

On our way along the banks of the Ythan we met John and Isobel Cruickshank who many of you will remember stayed at Gask and were Elders at Cruden Parish Church. John was also Property Convener for many years. After a lengthy chat with them we said our goodbyes and made our way to the Coffee Apothecary for a lovely fly cup.

Hopefully our last two walks for this year will go ahead as planned and if anyone would like to join us please contact Maureen Esson on 01779 813049 or email: [maureenhesson@btinternet.com](mailto:maureenhesson@btinternet.com) The dates are 15th September – Fyvie Castle Lake and Gardens and 13 October – Aden Park Circular.

## MESSY CHURCH



The first Messy Church after the summer break will be after school on the 19th of September. We will have all the usual activities but we are hoping for a new active element with help from Sean. If you know of any Primary age children encourage them to round up an adult and come along. We have lots of fun.

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## SUMMER FUN CLUB

Many thanks to everyone who came along to support our summer fun club at Cruden Bay. It is so good to see the church being present and active within the local community and the children having such an enjoyable and positive experience.

My two key memories are the Session Clerk accidentally tripping up an eight-year-old by whilst running around the football pitch and Bob Forman cooking on the BBQ wearing an apron that said 'Vegan!'

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## WALKING FOR HEALTH AND WELLBEEING

Walking for health and wellbeing is a new group that begins at 10.30 am, Tuesday 24th September. (Location to be confirmed.) The group, led by Sean, is for people who would like to improve their health and wellbeing by taking part in regular (easy to moderate) exercise which includes short periods of brisk walking, along with a focus on helping to develop balance and flexibility. Whilst we cannot stop the aging process, we can mitigate its effects and remain active for longer. Everybody is welcome.

For more information, please contact Sean – Tel 07791 755976

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## THE GUILD

We will start this session with a brunch after the service on 15th September, to celebrate Guild Week. We have a varied programme ranging from Rev Fred Coutts revealing the secrets of the Communion Silver, to Beads and Bangles, to Stella's Voice and Sean is giving a talk on the theme "Companions on the Road". The Guild is open to everyone (men too) to join and we welcome visitors if there is a speaker you would especially like to hear. Come along to enjoy the fellowship and the fun.



## PARISH REGISTER

### DEATHS

Mrs Maimie Falconer, Annesley House, Torphins, Banchory  
Mrs Elizabeth Walker, 17 Links View, Cruden Bay

### NEW MEMBERS

Ms Jean Campbell, 7 Hatton Farm Gardens, Hatton  
Mrs Janie Smith, 102 Braehead Drive, Cruden Bay  
Mr Kevin Smith, 102 Braehead Drive, Cruden Bay

### TRANSFERRED IN

Mrs Joyce Walker, 17 Links View, Cruden Bay  
Mr Allan Walker, 17 Links View, Cruden Bay

### WEDDING

Gordon Cumming and Stacy Deldey

## HOLY COMMUNION

### 29th September 10 am

Duty Elders: Katherine Hyman, Robert Petticrew,  
Peter Slamaker, Irene Will.



### 24th November 10 am

Duty Elders: Kathleen Craig, Jim MacDonald, Maureen Esson, Betty Forrester.

## Thank you!

I would like to say a big thank you for the very generous cheque presented to me by the congregation. This has allowed me to buy a couple of things for the garden: a new bench and a small decoration which is standing at the end of the path.

**Fred**

The next issue of the Bulletin will be published at the beginning of December. Please send all material to be included before **Sunday 17 November 2019** to: Fred Coutts, Ladebank, 1 Manse Place, Hatton AB42 0UQ [bulletin@crudenchurch.org.uk](mailto:bulletin@crudenchurch.org.uk)

# Sunday Morning Duties 10 am

Date	Door	Flowers	Teas
1 September	Robert Petticrew Peter Slamaker	Beatrice Fawkes	Liz Carnie Kathleen Craig
8 September	Robert Petticrew Peter Slamaker	Maureen Esson	Beatrice Fawkes Iris Durno
15 September	Kathleen Craig Liz Carnie	Maureen Esson	Margaret Bruce Ken Bruce
22 September	Kathleen Craig Liz Carnie	Marilyn Samways	Margaret Bruce Ken Bruce
29 September	Wilma Moir Iris Durno	Rosemary Reid	Irene Stott Fred Stott
6 October	Wilma Moir Iris Durno	Watson Family	Norma Forman June Morrison
13 October	Betty Forrester Mary Bratton	Betty Morris	Rosemary Reid Margaret Adams
20 October	Betty Forrester Mary Bratton	Joyce Willox	Katherine Hyman Mary Bratton
27 October	Margaret Bruce Ken Bruce	Trish Smith	Doreen Buchan Liz Carnie
3 November	Margaret Bruce Ken Bruce	Betty Forrester	Joyce Walker Allan Walker
10 November	Joyce Willox Adrian Smith	Mary Bratton	No Teas
17 November	Joyce Willox Adrian Smith	Rosemary Pittendrigh	Kathleen Craig Elma Cumming
24 November	Kate Clark Irene Will	Mary McNaughtan	Irene Stott Fred Stott
1 December	Kate Clark Irene Will	Mary Bratton	Iris Durno Mary Bratton
8 December	Muriel Cantlay Beatrice Fawkes	Betty Forrester	Norma Forman June Morrison



**Reminder to those on duty.**  
If you are unable to do  
door or tea duties,  
please endeavour to find someone  
to do them for you.

**Minister:** Rev Sean Swindells

**SSwindells@churchofscotland.org.uk**

Parish Office: **01779 841964** Mobile: **07791 755976**

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<b>Session Clerk</b>	Robert Esson	
<b>Treasurer</b>	Rosemary Pittendrigh	
<b>Contact Elders</b>	Betty Forrester	Hatton
	Beatrice Fawkes	Hatton
	Joyce Willox	Hatton
	Muriel Cantlay	Rural
	Robert Petticrew	Rural
	Robert Esson	Peterhead
	Maureen Esson	Cruden Bay
	Kate Clark	Cruden Bay
	Kathleen Craig	Cruden Bay
<b>Gift Aid Treasurer</b>	Muriel Cantlay	
<b>Bulletin</b>	Fred Coutts	
	<a href="mailto:bulletin@crudenchurch.org.uk">bulletin@crudenchurch.org.uk</a>	
<b>Christian Aid</b>	Rosemary Pittendrigh	
<b>Cleaning</b>	Rosemary Pittendrigh	
<b>Communion</b>	Adrian Smith	
	Joyce Willox	
<b>Flowers</b>	Betty Forrester	
<b>Guild</b>	Muriel Cantlay	
<b>Life and Work</b>	Rosemary Pittendrigh	
<b>Organist</b>	Stephen Calder	
<b>Presbytery Elder</b>	Katherine Hyman	
<b>Press Officer</b>	Mary Bratton	
<b>Roll Keeper</b>	Mary McNaughtan	
<b>Safeguarding</b>	Kathleen Craig	
<b>Teas</b>	Beatrice Fawkes	
<b>Transport</b>	Robert Esson	Hatton
	Rosemary Pittendrigh	Cruden Bay
<b>Walks</b>	Maureen Esson	
<b>WFO Treasurer</b>	Carol Paul	

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**Committee Conveners**

<b>Education &amp; Worship</b>	Katherine Hyman
<b>Finance</b>	Rosemary Pittendrigh
<b>Membership and Outreach</b>	Kathleen Craig
<b>Property</b>	Peter Slamaker
<b>Social</b>	Betty Forrester